

Family Planning Welfare Association of NT Inc.



Annual Report

2008/2009

FPWNT's mission is to provide quality service that promotes sexual and reproductive health.

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FPWNT Overview

Family Planning Welfare Association of the NT Incorporated (FPWNT) is a leader in sexual and reproductive health. Since 1973 FPWNT has been delivering strong workforce development, health promotion and clinical services to the community of the Northern Territory.

We are a not-for-profit, non-government, membership based organisation responsible to a governing board of volunteers.

We are the only community based organisation in the Territory with a specific reproductive and sexual health brief. We provide daily health clinics, specialised training, workforce development, youth education, resource material and expert input into public policy. We endeavor to provide appropriate services to our clients in a manner that recognizes the priorities of all our stakeholders. Our membership is varied and includes community members and organisation, government service providers and health professionals.

FPWNT identifies priority populations facing barriers to achieving improved sexual and reproductive health such as: young people, communities in remote locations, people who are financially disadvantaged, culturally and linguistically diverse people, people with disabilities, Aboriginal and Torres Strait Islander peoples, same sex attracted people and people living with HIV/AIDS.

FPWNT is a member of Sexual Health and Family Planning Australia (SH&FPA), which is both the federation of state and territory Family Planning Organisations (FPO) and a peak sexual and reproductive health body. SH&FPA is a member of the International Planned Parenthood Federation (IPPF), which after the Red Cross, is the world's largest non-profit organisation.

IPPF, SH&FPA and FPWNT are guided by the principle that *“all couples and individuals have the basic right to decide freely and responsibly the number and spacing of their children and to have the information and means to do so: the responsibility of couples and individuals to exercise this right, takes into account the needs of their living and future children, and their responsibility towards the community”*.

FPWNT is governed by a voluntary board elected by members at the Annual General Meeting. The board meets regularly to determine FPWNT policy and governance decisions. Management of FPWNT is the responsibility of the Chief Executive Officer.

Core funding comes directly from the NT Department of Health and Families. Project funding is also received each year from a variety of government and non-government donor organisations. Self generated income comes from contraception sales, contracting out medical services and donations by community members.



President's Report

The importance of sexual and reproductive health as critical to people's general wellbeing at an individual and population level was brought home to me again at the recent meeting of the Regional Council for the IPPF (the international organisation which Family Planning Welfare Association NT is a member of via our national body, Sexual Health and Family Planning Australia). The discussions around the table were about the importance of sexual and reproductive health rights to overall health status, economic development (and surviving the financial crisis), and environmental sustainability. It can be easy to forget these links when our access to sexual and reproductive health services seem assured. However, in the Northern Territory, such services can be difficult to access for young people and Indigenous people. This year Family Planning Welfare Association NT, through its advocacy, education and service delivery, has continued to work towards improving access to services for these population groups, among others.

A course in sexual health for female Aboriginal Health Workers was successfully accredited. This course is an accredited unit of the Certificate IV in Aboriginal and/or Torres Strait Islander Primary Health Care. The course will provide participants with advanced knowledge and skills in the area of women's sexual health and sexual health promotion. We were also awarded a grant from the Department of Business and Employment Indigenous Training Employment Program to continue our work with a course in Sexual Health for male Aboriginal Health Workers. Training of Aboriginal Health Workers is a key mechanism for ensuring access to sexual and reproductive health services for Indigenous people across the NT.

We were actively involved in advocacy with the coalition of 16 health organisations from across the Territory for changes to the *Care and Protection of Children Act 2007*. This Act, which included mandatory reporting of anyone having sex under the age of 16, severely undermined our ability to offer confidential services, and did not recognise that our staff are already mandated to report any suspected sexual abuse of persons under the age of 16. We are pleased to see some aspects of the Act have been repealed, however, our advocacy continues to ensure all discriminatory components are removed.

Training highlights for 2008/2009 included delivering a women's health workshop in partnership with JeanHailes Foundation Victoria to overseas trained doctors; delivering health education and health promotion to NT Carers, Berrimah Women's Prison and the Drug and Alcohol Program; delivering a course in sexual and reproductive health for doctors from Nhulunbuy, Katherine and Alice Springs; an IUD contraceptive theory workshop; and a presentation to an Aboriginal Medical Services Alliance NT (AMSANT) Sexual Health, Youth Workshop.

Our infrastructure has seen an improvement with the Darwin clinic using Medical Director 3, an electronic medical file system, since April 2009. We will see further improvements to our education and training facilities in the New Year, having successfully won a grant from the Australian Government Department of Education, Employment and Workplace Relations, Teaching and Learning Capital grant scheme.

Once again we saw several staff leave us. I would like to thank the contributions of Judy Sawyer, Jenny Anglim, and Melinda Harrod. Also thank you to our casual staff who resigned during the year Gemma Fleming, Karen Stark, Kim Jackson, Mary Verus, Cassandra Hazelbane and Dr Jo Adendorff.

And of course we welcome the new staff to family planning, Amina Sherif, Mandy Halkett, Peter Burnheim, Jill Briggs, Susan McMinn, Sarah Brewster and Gemma Farmer.

The board also saw several changes in 2008/2009 with the resignations of Cynthia Prime, Sophie Cunningham, Bubbles Segall, and Janelle Vaughan. Thank you to each of you for your contributions, particularly Cynthia, who was a member of our board for five years, and who has a long history of work with Family Planning. This has left us with a small board, which can make it difficult achieving a quorum, so thank you to all board members for your flexibility and commitment in ensuring we can continue the business of governance of Family Planning.

We go into the New Year in a strong financial position. The Board is well aware, however, that staff salaries, particularly for medical staff, are significantly lower than in the government and private sector. To ensure we can continue to recruit and retain staff, the Board has approved a salary increase to our Registered Nurse employees and in our forthcoming strategic planning will look at ways that the service may need to change in order to remain competitive as an attractive employer for all staff members. It is easy being President of an organisation that is functioning as well as Family Planning Welfare NT.

It would not be possible without the phenomenal support of Robyn Wardle, the CEO, all of the exceptional staff, and my fellow board members. Thank you for another fantastic year, I can't wait to see what 2009/2010 brings.

Kim Johnstone

President, Family Planning Welfare Northern Territory Board of Management

Member, Sexual Health and Family Planning Australia Board

Chair, SHFPA International Program Advisory Committee

Member, International Planned Parenthood Federation ESEAOR Regional Council

Family Planning Board of Management



S
Sundra, Kim, Susan and Ian

Kim Johnstone is a demographer, currently doing PhD research through the Australian National University on Indigenous fertility in the Northern Territory. Her research is investigating trends in the timing and spacing of births over the past 20 years, and implications of these for the current and future Indigenous population. Kim's work experience prior to returning to university spans policy development, research and management roles in the academic, government and non-government sectors of Australia and New Zealand. A particular focus of all her work has been women's equity and the development of gender sensitive policy and service delivery.

Kim has been in Darwin for six years, and has made her own planned parenthood choices during this time, having two boys (three years and nine months old) since joining the Board of Family Planning.

Sundra Grace is the owner of Inner Life, a healing and therapeutic massage service based in the centre of Darwin. She has a nursing background, and has worked as a childbirth educator, birth attendant, lay midwife and doula. Sundra has also studied yoga and shaitsu for pregnancy. It is this knowledge and passion for reproductive health that motivates Sundra to be involved with the work of Family Planning. She is our longest serving board member.

Ian Tranthem is a lawyer and has lived in Darwin for the past 23 years. He has worked with the Government and in a private law firm and is currently working in the not for profit sector. He is the principle solicitor at the Darwin Community Legal Service. His interests lie in social justice, family, reading, sailing and gardening. He joined the Family Planning board during 2006.

Susan Murray is a born and bred Territorian. She was born at Royal Darwin Hospital, grew up in Palmerston, and attended Driver Primary School and Palmerston High School. From High school she went straight into a Bachelor of Aboriginal and Torres Strait Islander Studies at Charles Darwin University, which she completed in 2007. Susan is currently employed with the Department of Health and Families. Susan and her partner have a baby boy named Jackson, who was born in April 2008. She loves being a mum. She says its hard work but it is very rewarding, because it is amazing to watch a human being grow and change right before you. Susan is excited to be a part of the Family Planning board, it's something new and not something she has done before. Susan finds it interesting to see the workings of an NGO organisation and to meet new people from different backgrounds.

Belinda Davis joined the board during 2008 not long after being appointed the manager for Clinic 34, (Sexual Health and Blood Born virus clinic) in Darwin. Belinda has a strong social justice and public health interest with a particular interest in indigenous health and at risk youth. She is a qualified registered nurse and midwife having worked in sexual and reproductive health areas across the country since 2001.

Maureen Kollhman is a Registered Road Safety Professional specializing in driver education. With a history spread over 18 years in the Northern Territory her many assets include working on remote communities, working towards better driver education with the aim of reducing accidents and improving driver attitudes. Maureen is currently working in Alice Springs and continues her involvement across many regions in driver education. Maureen is the immediate past-President of FPWNT and has been a board member since 2005. Maureen has a wealth of experience in understanding the Australian Qualification Training Framework (AQTF). Maureen is passionate about improving the well being of all Territorians.



Well Women's Screening Course Alice Springs November 2008



Chief Executive Officer's Report

Welcome to the Family Planning Welfare Association of the NT Incorporated (FPWNT's) Annual Report 2008/2009.

The past year, like previous years, has been extremely busy, challenging, productive and rewarding. As Kim our President mentioned in her report we have seen the introduction of the electronic medical file system called Medical Director 3 and the Pracsoft software program. Staff training in the programs was undertaken and we continue to deal with on going minor issues.

I would like to thank all Family Planning NT employees for their continued dedication and loyalty to the organisation. The challenges and constraints we face each day have been overcome by perseverance and a desire to offer better outcomes in sexual and reproductive health to our community. This was clearly shown during June 2009 when the organisation had a shortage of reception staff and both nurses and doctors assisted this work station.

We are continuing to work towards *going green*, and creating less carbon emissions. We pride ourselves in our recycling and energy saving approach. Air conditioning remains our highest carbon emission and we are seeking to offset this with our other initiatives.

Retaining skilled and experienced nursing staff continued to be problematic this year. Nursing staff received an increase in salary during October however the difference between Government and Non Government Organisation sector salaries continue to widen. The Board of Management has approved a further salary increase for nursing staff again in October 2009.

The Family Planning Alice Springs branch office remained closed this year because our premises continued to be used by another health agency. Our commitment to ensuring people in Alice Springs have access to sexual and reproductive health services was achieved by the delivery of workforce development during the year in Alice Springs by our Darwin education team. During June 2009 negotiations with *headspace* in Alice Springs began to explore sharing a fulltime nurse position. This would enable us to provide clinical services in Alice Springs and the board is very supportive of this initiative.

Nationally, we continued to work closely with other Family Planning Organisations (FPOs), and our national body Sexual Health and Family Planning Australia (SH&FPA). Teleconference link ups discussing SH&FPA council matters, and teleconferences for clinic and education team managers were held frequently. Networking with other FPOs provides support for staff, enables sharing of best practice models, and streamlines resource development.

SH&FPA along with the Public Health Association of Australia and the Australian Reproductive Health Alliance continue to advocate for a national ‘ call to action’ *Time for a National Sexual and Reproductive Health Strategy for Australia*. This advocacy is a response to the unacceptable high levels of sexual and reproductive ill health in Australia.

In conclusion, we have strengthened our service delivery by increasing clinical and workforce development services. We have supported other health organisations for the first time in Darwin and we are encouraged that current and new partnerships that have been formed will continue to prosper.

Thank you to all of the current and past staff, Board members, our partners and supporters, donors and community members of FPWNT. We look forward to working with you next year.

Robyn Wardle
Chief Executive Officer







Training in Alice Springs 2008

Strategic Plan 2007 - 2010

	Social Change	Political Leadership	Collaborative Partners	Organisational Effectiveness
Clinical Services	Promote and increase access to reproductive health care that is safe and confidential	Collaborate with regulatory and legislative bodies to improve understanding of practice parameters and guidelines	Develop partnerships to expand access to reproductive health services. Increase the capability of sexual and reproductive information provision cross-sectorally. Establish ties with Colleges of Medicine	Increase the ability to meet clients' needs
Advocacy	Promote informed reproductive choice as essential for all	Maximise use of network of FPWNT advocates	Develop a communication strategy to facilitate collaboration with other agencies in the NT and nationally, strengthening our collective voice	Develop targeted initiatives to facilitate opportunistic political environment
Education	Market comprehensive age-appropriate, medically accurate sexuality education as core component of human development	Facilitate public discussion on universal age appropriate, comprehensive sexuality education and other topical issues	Increase the scope of the FPWNT health promotion activities to broaden the reach of sexuality education	Increase scope of education activities to include different media
Technical	Be a resource for providers and individuals on new contraceptive technologies and their impact on the public	Develop up-to-date network of individuals and organisations for support and/or quality control	Facilitate a more robust communication with our peak-body and our partners/potential partners in Sexual and Reproductive Health/Rights	Develop technological mechanisms to support clients and providers to further knowledge base of Sexual & Reproductive Health/Rights
Financial	Raise public profile of FPWNT and acceptance of its mission and goals to increase potential financial support	Build networks across all levels of government to explore potential resourcing and partnerships	Establish corporate topical partners for both community and professional education	Increase the ability to meet clients' needs

FPWNT provides a service to our clients that:

-  **Is non-judgmental and characterised by open communication**
-  **Confidential and safe**
-  **Expert and professional**
-  **Affordable and accessible**

Milestones

A Brief Look at our Year

- ✚ Information and advice on sexual and reproductive health was delivered to a number of organisations for the first time. Mission Australia was supported in their Young Indigenous school girl's health program. We delivered contraception sessions to the NT Carers young people workshops on health. Berrimah prison requested an education session to a group of 24 female inmates. We delivered sexual health information monthly to the NT Drug and Alcohol program.
- ✚ New electronic medical system was introduced in April 2009.
- ✚ Hosting a school-based apprentice who is completing her Certificate II in Business studies.
- ✚ Partnership with Jeans Hailes Foundation to deliver menopause and contraception sessions to a group of overseas trained doctors in Darwin.
- ✚ Thirty- two placements were given to doctors, nurses and medical students to gain clinical training/observation in sexual and reproductive health.
- ✚ Updates in contraception choices were delivered to the Department Health and Families remote area Midwives.
- ✚ We continued to develop strong links and networking with other non-government organisations (NGO's) across the Territory. This is evident in our joint health promotional displays across a number of key health messages e.g. National youth week, National condom day, breast awareness and World Aids Day.
- ✚ Five Well Women's Screening Courses were delivered this year across Alice Springs, Katherine, Nhulunbuy and Darwin. The course continues to be in demand and focuses on participants achieving full Certification.



Well Women's Course Nhulunbuy June 2009

Education and Training Report

WORKFORCE DEVELOPMENT PROFESSIONAL TRAINING

Although FPWNT is a small organisation, we maintain a highly qualified and skilled education/clinical team workforce. The training outcomes provided by FPWNT are achieved through careful co-ordination. This education team although small compared to many other organisations, once again delivered various comprehensive Sexual and Reproductive Health Courses in the Territory. This was achieved with much support from FPWNT's health professional team, administration staff and collaborative partners.

FPWNT welcomed Mandy Halkett as our newest member of the education team. Mandy commenced work with us in April 2009. This position had been vacant since September 2008, which had placed a great deal of pressure on the team, to maintain and improve upon educational activities. Mandy had previously worked for FPWNT in the capacity of casual clinic nurse.

EDUCATION TEAM

The education team consists of:

Robyn Wardle: CEO of FPWNT

Robyn has held many different roles over the past 20 years. Robyn has strongly supported the education team through mentoring staff, lecturers and assists in coordination of courses. Robyn facilitated the Nhulunbuy course as other team members were committed to attending Moodiji training.

Registered Nurse, Cert Midwifery, Cert S&RH (Nursing), Cert IV T&A, Cert Men's (Health)

Lee-Anne O'Neil: Clinic, Workforce Development Team Leader

Lee's primary role in education is coordinator of the Well Women's Course, lectures and coordinator of doctor's clinical placement.

Registered Nurse/Midwife; D. Health Sci (Nursing); Cert S &RH (Nursing); Cert Midwifery; Cert IV T&A; Grad Dip, Public Health

Doctor Penny Steele: Medical Director

Penny is the coordinator the Certificate in Sexual and Reproductive Health for Doctors and co-facilitator of the course with Dr Paul Rivalland.

B.Sc. Hons; M.Sc; M.B; B.S.; Ph.D; Cert S&RH

Doctor Paul Rivalland: Medical Officer

In addition to co-facilitating the sexual and reproductive health Doctors course with Dr. Steele, Paul also provided IUCD training, and progestogen implant training.

Med Sci Hons; BMBS; M.Rem Hlth Prac; Cert S&RH

Mandy Halkett: Education Workforce Development Officer.

Mandy co-ordinates the Certificate in Sexual and Reproductive Health Sexual for Nurses and attends to community health promotion education requests.

Registered Nurse, Grad Cert Nursing, Cert S&RH

Catherine Wakelin Health Promotion Officer and Nurse Clinician

Catherine, who is known as Lulu, is the nurse clinical trainer and co-facilitator of the S&RH nurse course.

Registered nurse B.NSC, Grad Dip Trop Med, Post Grad Dip Nursing, Cert S&RH Nursing, Cert IV T&A

Peter Burnheim: Project Officer.

Peter's responsibility includes applications and coordination of grants and coordinating the development of the Aboriginal Health Worker units.

B.BioMed., Cert IV Training and Assessment (currently completing)

PROFESSIONAL TRAINING

Aboriginal Health Worker (AHW) Course

FPWNT is pleased to announce a new course 'Women's Sexual Health Education for Aboriginal Health Workers'. This course aims to develop female AHW knowledge in women's health issues such as sexuality, contraception, sexual violence, women's cancers, infertility, STI's, incontinence, and antenatal education.

This unit titled (AHW414A Provide Information and Strategies in Sexual health) to women in the health sector training package, has been accredited via the Department of Education and Training (DET) and will be conducted in November 2009. The male version of this course is in development. We believe that these courses will empower AHW as educators in sexual and reproductive health and consequently lead to improved outcomes in this area.

FPWNT was also pleased to provide service orientation to undergraduate Aboriginal health students from Bachelor College.

Medical Officers Certificate in Sexual & Reproductive Health

The doctors' course in Sexual and Reproductive Health facilitated by Dr Penelope Steele and Dr Paul Rivalland was again delivered this year. Ten participants attended the program. Five participants were overseas trained and the other participants were from remote and regional areas across the NT. Seven doctors have completed the clinical component and received the full Sexual Health and Family Planning Australia Certificate in Sexual and Reproductive Health during this year.

Contraception Choice

Progestogen implant training has occurred on five occasions this year. Three courses were stand alone, one was included within the sexual and reproductive health course and another included in a Women's Health Workshop run with the Jean Hailes Foundation. These workshops were presented by Dr Rivalland and supported by Dr Rebecca Goodman. Dr Vicki Mattiazzo presented a contraception overview lecture during the Women's Health Workshop.

Intra Uterine Device Training

Dr Rivalland has conducted the theory component of IUD training within the Sexual and Reproductive health course. Two doctors have completed their IUD clinical training. One was from Katherine and one from Darwin. Very few doctors across the NT offer this contraception choice to clients, so we were very pleased to have another two doctors fully trained and confident in this procedure.

Certificate course in Sexual and Reproductive Health for Nurses

This course was held twice this year, in November 2008 and May 2009. Twenty participants attended the two courses. The nurses and midwives who enrolled in the courses were from diverse clinical environments, including hospitals, public health, remote areas, military services, schools, prisons and general practice. Many participants attend due to their workforce development needs whilst others attend with the intention of seeking a career change where completion of this course may assist to facilitate this change.

Seven nurses have completed the clinical component during 2009 resulting in obtainment of the full certificate in S&RH. Post graduate nursing students have been granted acknowledgement of this course as an elective towards their course.

FPWNT staff have redeveloped the clinical training program for sexual and reproductive health nurses which requires 50 direct clinical training hours. The result is a reduced time frame for achieving this from three weeks down to two.

Well Women's Course

This course has been held this year in Nhulunbuy, Katherine, Alice Springs and Darwin. In the past, two Well Women's Courses were held in Darwin each year for the NT Department of Health & Families, however the second course was cancelled due to lack of registrations from Department nurses.

Others

FPWNT participated in the Sexual Health Youth Workshop coordinated by the Aboriginal Medical Services Alliance NT. The topic was Sexual Health of Indigenous Youth in the NT.

ACKNOWLEDGEMENT OF COLLABORATIVE PARTNERS

FPWNT would like to thank stakeholders that have supported our courses by giving lectures in their specialty, support in clinical training in regional settings, and finally promoting our courses to their members.

FPWNT would formally like to thank Department of Health and Families, Katherine West, Wirli Wurlinjang Aboriginal Health Service, Danila Dilba, Head Space, Anglicare, NT Aids and Hepatitis Council, GPNNT, Darwin Community Legal Service, NT Clinical School, Repromed, and the Anti-Cancer Council.

FPWNT STAFF WORKFORCE DEVELOPMENT

The staff of FPWNT would like to acknowledge the support of the organisation in professional workforce development. FPWNT has supported staff through payment of course fees and/or study leave. FPWNT have supported education staff in the following; Mooditji trainer workshop, Sexual Health conference, menopause clinical training, Certificate IV Workplace Training and Assessment, Pediatrics Sexual Assault workshop.

HEALTH PROMOTION

Maternal Health

FPWNT continues to support the community Maternal and Child Health program, 'Territory Parent Support', held in the Darwin region through provision of postnatal education sessions. These sessions are held monthly and cover contraception choices, postnatal depression and postnatal sexuality and are attended by up to 15 participants including partners. FPWNT has also developed a pamphlet on 'Postnatal Contraception Choices' which has been distributed to the public hospitals as a patient handout.

Youth Health

We have supported Charles Darwin University, three high schools and one middle school by providing an information stand during healthy lifestyle exhibitions. Students and staff were able to approach FPWNT staff during these sessions to discuss various sexual and reproductive health issues. FPWNT patient education pamphlets were available on a variety of topics. The Saturday morning youth clinic held in Darwin is advertised at these youth sessions. FPWNT also developed a business/advertising card with details of clinical services offered and contact details. These are well received by young people. This year we also have new information banners that has improved greatly the professional presentations of our stalls.

FPWNT provided an information stand at the youth festival for National Youth week at the Palmerston town centre. FPWNT is planning an education workshop entitled, 'Youth Sexual Health Information for parents'. It is proposed that this workshop be held in the Palmerston region early 2010.

COLLABORATIVE PARTNERS PROGRAMS

FPWNT educators had supported the Mission Australia's young Indigenous schools program by discussing STI's and contraception.

NT Carers Youth Group Workshops conducted during the school holidays were supported by FPWNT educators. Sessions were held on relationships and puberty utilizing the Mooditj program.

FPWNT had offered a nurse only client information session at the Headspace centre in Palmerston in 2008. However uptake of this by youth was poor. FPWNT withdrew from this program 2009, however

we are considering various other options for service provision. Palmerston youth at present are able to access the FPWNT Doctor and Nurse clinics held at the Palmerston Health Precinct.

The correctional services celebrated women's health week by running workshops. FPWNT were involved by conducting education session of various aspects on women's health to 32 female prisoners and staff. The participants responded well as the following day the prison clinic had an increase in women requesting consultations.

FPWNT now offer a monthly counseling and education service to clients who attend the withdrawal program with Alcohol and Drug Services (ADS). This service had been requested by ADS staff as the need for clients to be better informed of their contraceptive choices to ensure pregnancy does not occur during their medicated program. The best practice medications that are prescribed are not allowed to be prescribed to a pregnant client, an inferior alternative medication is then prescribed. To further support this program FPWNT has granted ADS organizational membership of FPWNT. This entitles ADS clients access to FPWNT clinics using the organizational membership once a referral had been received from an ADS doctor. This membership consequently reduces the cost to clients and increases the accessibility of sexual health care to a vulnerable sector of our community.

FPWNT provided in-kind support to the Darwin Community Legal Service in the Human Rights Art Awards Exhibition held in December in 2008 as part of Human Rights week.

REGISTERED TRAINING ORGANISATION (RTO)

Maintaining our RTO status is an important part of the Education team monthly work plan. All educators are responsible for keeping up to date with the current Australian Qualifications Training Framework (AQTF) standards. The full responsibility of FPWNT maintaining these standards remains with the CEO and Board.

This year we were successful, in partnership with the DH&F, in applying for an extension for the Well Women's Screening Course. Prior to this extension being granted the course was accredited until June 2009. The course is now accredited to April 2011.

LeeAnne O'Neil
Clinic, Education Team Leader



Sexual & Reproductive Health Course May 2009



Nhulunbuy June 2009, *Celebrity Heads*

Clinical Service Report

Darwin

Clinical services have been extremely busy throughout the year. Seventy-two hours per week of doctor clinic time was offered to the community. Nurse clinics generated 24 hours weekly, a decrease of twelve hours from our previous year. The reason for this decrease was the nurse needed to assist and support doctor clinics. We offered a specialised Intrauterine Device (IUD) clinic. This clinic operated for nine hours each week due to the high demand for this contraceptive method. For the first time our fourth clinic rooms was utilised for training purposes due to the increased demand of clinical training placements.

During June 2009 plans were developed to commence another specialised clinic focusing on menopause. This new clinic will commence in the first week of July 2009.

It was delightful to see staff in our clinical services remaining stable. Lulu (Catherine) Wakelin our clinical nurse coordinator, continued to support and lead the small group of committed casual nurses and doctors. We lost some excellent casual nurses because of other work commitments and heavy work loads, such as Karen Stark and Kim Jackson. We welcomed Susan McMinn to our casual nursing staff and Drs Jo Adendorff and Sarah Brewster joined our team.

During April staff started using the electronic medical file system called Medical Director 3. Clinical staff and receptionists were given training in all the new computer programs. We still are experiencing minor problems and developing our proficiency in the new systems. Further training is booked for later in the next year.

Strengthening of services in rural/regional Northern Territory

Last year we increased our clinical services to the Palmerston region by offering a further six hours of clinic time. This year we again increased our service to the region by offering another three hours per week. In total we have now have 12 hours of services to the outer region of Darwin.

Approximately 300 clients attended our Palmerston clinic. This service is only offered to community members living in the region. We would like to thank the NT Department of Health and Families, Palmerston Precinct for their continued support in the delivery of this rural clinical service.

We offered information and advice to the under twenty-five year group attending *headspace* in Palmerston up until April 2009. *Headspace* was then reviewing the service and addressing the shortage of medical officers in attendance.

High Quality specialised clinical services as a base for the training of health professionals.

Necessary changes to upgrade clinical equipment and to meet occupational and health safety standards were achieved. The demand for clinical placements in the Darwin branch from doctors, nurses and medical students continues to be heavy. Thirty-two health practitioners attended clinical placements this year.

Eight medical students from Flinders University attended observation clinics. Students are requested to observe one clinic with Family Planning however, Flinders University is wanting observation of two or three clinic sessions. This is causing a heavy demand on our doctors time. The reason for extra observation clinic time is because the students are learning a great deal with very experienced sexual and reproductive health doctors.

It is always important for FPWNT to support staff professional development. A number of clinical staff requested attendance at Interstate conferences. We also encourage and support study leave so that staff

are encouraged to update their qualifications skill base. We also encourage our staff to attend any of the educational courses that we offer in house.

Katherine

It has been a successful year for the Katherine Family Planning team; Katherine is situated approximately 320 kms south of Darwin and has a population of about 18000 people.

We were fortunate to have 220 community clients visit our clinical service this year. Seventy nine were new members to Family Planning NT. These figures do not capture those clients seen by our doctor and nurses outside of the clinic hour.

We continued to support the placement of nurse clinical training by offering placements at our clinics throughout the year. We have two local nurses that have completed the theory component of the sexual and reproductive health course in Darwin and who have already booked clinical placements.

With the assistance of our dedicated staff we participated in health promotional activities locally and in Mataranka.

Who we are?

Stacey Morrison: Our fantastic Administration Officer /Receptionist since 2004. Stacey continues to oversee the smooth running of the weekly clinic ensuring client satisfaction, staff availability and is an expert in problem solving.

Joan Callister: In Katherine since January 2001 Joan is one of our registered nurses. She also holds the position of Women's Health coordinator for the NT Department of Health and Families. Congratulations go to Joan who recently completed Certificate IV in Workplace Training and Assessment. Joan assisted with our information Health Expo's held locally. This is an excellent way of delivering information on services offered in Katherine.

Cynthia Prime: A nurse with Katherine Family Planning since July 2000. Cynthia is a senior staff member in the Maternity Unit at the Katherine District Hospital. Her dream of traveling around Australia and putting to good use her Family Planning and Midwifery skills is still a vision. Cynthia has a wealth of knowledge in Women's Health and Family Planning and also assisted our health expo display. Cynthia was also a board member of FPWNT up until October 2008.

Judy Barritt: Joined Family Planning Katherine in September 2001. Judy often replaces senior staff members when annual leave or other work related matters take staff out of town. Judy works with the NT Department Health & Family in their sexual health clinic called Clinic 34. This position ties in closely with our Family Planning health promotional events. Judy continues to assist us in maintaining our Protocol Manuals by updating and she also supplied us with information, posters and pamphlets to adorn our Expo information sessions.

Dr Peter Spafford: A member of the team since 2005. Currently Katherine has a shortage of doctors not unlike other rural and regional towns across Australia. In May of this year PJ was working at Batchelor Health Clinic as the Locum Doctor. During this time and due to the shortage of Doctors in Katherine we were unable to deliver our weekly clinic.

Coordinator Sue Moran: Sue has been with FPWNT since 1987, first commencing in Alice Springs as a Family Planning nurse. She moved to Katherine in 1990 and completed the sexual and reproductive health course. During 2003 she commenced working in the position of clinic coordinator. The position is well supported by the amazing team we have in Katherine.

Sue Moran
Katherine Co-coordinator

Robyn Wardle
CEO on behalf of the Darwin Clinic staff.

Financial Statements

FAMILY PLANNING WELFARE ASSOCIATION OF THE NT INCORPORATED

STATEMENT BY THE MANAGEMENT COMMITTEE

for the year ended 30th June 2009

In our opinion –

- (a) the accompanying financial report as set out on pages 4-9 being a special purpose financial statement, is drawn up so as to present fairly the state of affairs of the Association as at 30th June 2009 and the results of the Association for the year ended on that date;
- (b) the accounts of the Association have been properly prepared and are in accordance with the books of account of the Association; and
- (c) there are reasonable grounds to believe that the Association will be able to pay its debts as and when they fall due.

We confirm as follows:

- (a) The name of each committee member of the association during the relevant financial year were:

President:- Kim Johnstone

Vice President:- Vacant

Public Officer:- Robyn Wardle

Treasurer:- Sophie Cunningham

Secretary:- Sundra Grace

Members:- Belinda Davis, Ian Tranthem, Bubbles Segall

The principal activities of the association during the relevant financial were:

Provision of Family Planning Services.

- (b) The net surplus of the association for the relevant financial year was: \$48,146.07

Signed at Darwin on 27 / 10 / 2009

Kim Johnstone

.....

Chairman

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Treasurer

INDEPENDENT AUDIT REPORT**TO THE MEMBERS OF FAMILY PLANNING WELFARE ASSOCIATION OF NT INC****Scope**

I have audited the attached special purpose financial report of Family Planning Welfare Association of the NT Incorporated for the year ended 30 June 2009. The Association's Committee of Management is responsible for the preparation and presentation of the financial report, and the information contained therein, and has determined that the accounting policies used are consistent with the financial reporting requirements of the entity's constitution and are appropriate to meet the needs of the members. I have conducted an independent audit of the financial report in order to express an opinion to the members of Family Planning Welfare Association of NT Incorporated on its preparation and presentation. No opinion is expressed as to whether the accounting policies used are appropriate to the needs of the members.

The financial report has been prepared for distribution to the members for the purpose of fulfilling the Committee of Management's financial reporting requirements under the Association's constitution and the *Associations Act*. I disclaim any assumption of responsibility for any reliance on this report or on the financial report to which it relates, to any person other than the members, or for any purpose other than that for which it was prepared.

My audit has been conducted in accordance with Australian Auditing Standards. My procedures included examination, on a test basis, of evidence supporting the amounts and other disclosures in the financial report, and the evaluation of accounting estimates. These procedures have been undertaken to form an opinion as to whether, in all material respects, the financial report is presented fairly in accordance with the basis of accounting described in Note 1 to the financial report and the requirements of the *Associations Act*. These do not require the application of all Accounting Standards.

The audit opinion expressed in this report has been formed on the above basis.

Audit Opinion

In my opinion the financial report presents fairly in accordance with the accounting policies described in Note 1 to the Financial report and the *Associations Act*, the financial position of Family Planning Welfare Association of the NT Incorporated at 30 June 2009 and the results of its operations for the year then ended.

**SUSANNE LEE, CPA****DATED: 1st September 2009**



Family Planning Welfare Association of the NT Inc. Balance Sheet

June 2009

	This Year	Last Year
ASSETS		
BANK ACCOUNTS		
Cheque Account 4400-00581	\$14,307.59	\$10,778.69
Cash Mgmt Account 3526-09135	\$241,414.76	\$164,211.03
Leave Accruals A/C 4921-23938	\$96,648.62	\$93,598.85
Total BANK ACCOUNTS	\$352,370.97	\$268,588.57
FLOATS/CLEARING ACCOUNTS		
Petty Cash Float/Katherine/Darwin	\$550.00	\$550.00
Clinic Float/Katherine/Darwin/Palmerston	\$350.00	\$250.00
Receipt Clearing Account	\$683.50	\$850.00
Total FLOATS/CLEARING ACCOUNTS	\$1,583.50	\$1,650.00
OTHER CURRENT ASSETS		
Trade Debtors	\$43,614.80	\$34,311.60
Stock on Hand	\$6,835.46	\$5,356.10
Total OTHER CURRENT ASSETS	\$50,450.26	\$39,667.70
FIXED ASSETS		
Motor Vehicles at Cost	\$13,628.06	\$13,628.06
Accumulated Depreciation	-\$3,066.31	\$0.00
Total FIXED ASSETS	\$10,561.75	\$13,628.06
 Total ASSETS	 \$414,966.48	 \$323,534.33
 LIABILITIES		
CURRENT LIABILITIES		
Trade Creditors	\$41,517.73	\$45,356.18
Accrued Wages/Superannuation	\$21,718.94	\$19,156.39
Accrued Audit Fees	\$4,500.00	\$4,000.00
Seniors Month Grant In Adv 08	\$0.00	\$1,100.00
Total CURRENT LIABILITIES	\$67,736.67	\$68,512.57
EMPLOYEE PROVISIONS		
Provisions – Annual Recreation Leave	\$35,445.00	\$37,155.00
Provisions-Long Service Leave	\$36,528.00	\$39,368.00
Provision for Redundancy	\$23,016.00	\$21,930.00
Total EMPLOYEE PROVISIONS	\$94,989.00	\$98,453.00
OTHER PROVISIONS		
Provision for Insurance Excess	\$0.00	\$10,000.00
Provision for ICT Replacement	\$7,051.66	\$30,000.00
Unearned Revenue/Well Women's'	\$0.00	\$8,100.00
Total OTHER PROVISIONS	\$7,051.66	\$48,100.00
DEFERRED GRANTS		
Unexpended Grant/ITEP	\$36,156.36	\$0.00
Unexpended Grant/Well Women's	\$52,670.00	\$0.00
Total DEFERRED GRANTS	\$88,826.36	\$0.00
GST LIABILITY		
GST Collected on Sales	\$1,107.10	\$402.84
GST Paid on Purchases	-\$454.05	-\$597.75
Total GST LIABILITY	\$653.05	-\$194.91
 Total LIABILITIES	 \$259,256.74	 \$215,970.66
 Net ASSETS	 \$155,709.74	 \$107,563.67
 EQUITY		
Retained Earnings	\$107,563.67	\$97,493.72

Current Year Earnings	\$48,146.07	\$10,069.95
Total EQUITY	\$155,709.74	\$107,563.67

The accompanying notes form part of these financial statements

Family Planning Welfare Association of the NT Inc.

Profit & Loss

July 2008 through June 2009

	This Year	Last Year
INCOME		
CORE FUNDING		
Core Funding Grant/Commonwealth/PHOFA	\$472,960.95	\$486,123.00
Core Funding Grant/DHCS	\$130,280.05	\$106,192.00
PHOFA/ Commonwealth Grant Indexation	\$7,520.00	\$0.00
Total CORE FUNDING	\$610,761.00	\$592,315.00
PROJECT/GRANT FUNDING		
Deferred Grant B/Fwd from LYR	\$1,000.00	\$0.00
ITEP Grant	\$36,156.36	\$0.00
Womens Health Grant (DHCS)	\$52,670.00	\$0.00
Grants Deferred to next FYR	(\$88,826.36)	\$0.00
Clinic Research-HPV Study	\$0.00	\$2,750.00
Equip Grant/DHCS	\$0.00	\$8,450.00
Total PROJECT/GRANT FUNDING	\$1,000.00	\$11,200.00
CLINIC SERVICES		
Pregnancy Tests	\$371.70	\$287.60
Prof. consultations	\$6,115.61	\$3,242.72
Contraception	\$20,793.10	\$22,572.90
Clinical Training	\$2,904.58	\$3,985.45
Clinic Sales	\$2,409.27	\$1,320.10
Medicare Assignments	\$295,691.85	\$248,713.00
Total CLINIC SERVICES	\$328,286.11	\$280,121.77
TRAINING & EDUCATION SERV		
Course Fees	\$100,873.42	\$72,695.17
Resource Sales/Pamphlets	\$3,364.10	\$5,678.62
Organisational Membership	\$90.91	\$0.00
Community Education Fees	\$147.73	\$1,093.18
Workshops - Implanon	\$666.00	\$410.46
Counselling/Info & Advice	\$0.00	\$1,500.00
Library Membership	\$0.00	\$90.91
Total TRAINING & EDUCATION SERVICE	\$105,142.16	\$81,468.34
DONATIONS		
Donations	\$272.90	\$1,318.70
Total DONATIONS	\$272.90	\$1,318.70
GENERAL		
Bank Interest	\$4,630.46	\$6,888.93
Hire Training Room	\$5,288.00	\$5,343.19
FPWNT Membership	\$39,285.45	\$36,415.86
Sponsorship	\$2,451.04	\$1,109.62
Insurance Claim Settlement	\$727.27	\$0.00
Broadband Subsidy	\$0.00	\$1,090.36
Total GENERAL	\$52,382.22	\$50,847.96
Total INCOME	\$1,097,844.39	\$1,017,271.77
EXPENSES		
EMPLOYMENT EXPENSES		
Clinic Wages	\$405,374.61	\$398,835.92
Admin & Management wages	\$236,668.99	\$132,499.69
Superannuation	\$59,137.83	\$47,163.38
Workforce Development	\$5,807.10	\$7,112.18
Annual Leave/Transfer to Provisions	\$33,878.35	\$29,593.59
LSL/Transfer to Provisions	\$8,459.68	\$6,030.00
Recruitment Costs	\$1,526.48	\$1,035.60
Redundancy/Transfer to Provisions	\$1,086.00	\$21,930.00
Total EMPLOYMENT EXPENSES	\$751,939.04	\$644,200.36

Family Planning Welfare Association of the NT Inc.

Profit & Loss

July 2008 through June 2009

	This Year	Last Year
EDUCATION COSTS		
Workshop/Community Education Expenses	\$1,392.32	\$3,635.81
Course Materials	\$5,751.93	\$297.34
Lecture Fees	\$2,520.00	\$4,165.95
Total EDUCATION COSTS	\$9,664.25	\$8,099.10
CLINIC COSTS		
Clinic Resources	\$7,783.95	\$9,319.23
Contraceptive Purchases	\$13,425.50	\$12,264.90
Periodic Inventory Adjustment	(\$1,479.36)	\$1,932.90
Total CLINIC COSTS	\$19,730.09	\$23,517.03
OPERATIONAL/ADMIN EXP		
Accounting (Consulting & Bookkeeping)	\$14,570.00	\$17,182.50
Advertising	\$1,790.91	\$1,490.22
Audit	\$4,500.00	\$4,000.00
Cash Discrepancies	\$673.67	\$1,045.75
Computer Support	\$9,879.56	\$365.14
Depreciation	\$3,066.31	\$18,400.57
Educational Resources	\$4,857.16	\$2,095.35
Email	\$794.85	\$0.00
Equip Clinic <\$5K	\$4,054.91	\$6,614.61
Equip Office <\$5K	\$7,185.35	\$7,992.40
Equipment Leasing/Phone System	\$1,941.60	\$2,197.54
Furnishings <\$5K	\$679.09	\$378.19
Legal Expenses	\$0.00	\$924.09
Levy FPA Membership	\$3,236.94	\$3,093.07
Maintenance/Equipment	\$6,062.60	\$9,180.68
Meetings & Forums	\$972.79	\$1,299.78
Membership/Subscriptions	\$2,933.64	\$2,996.45
Postage/Freight	\$1,818.71	\$2,681.67
Reference Books/Pamphlets	\$2,450.13	\$5,036.80
Printing & Design	\$0.00	\$52.00
Promotions	\$0.00	\$790.91
Stationery/Office Consumables	\$5,816.53	\$10,047.27
Telephone/Fax/Broadband	\$8,134.32	\$8,284.13
Storage/Removal Costs	\$2,131.81	\$1,529.05
Provision for ICT Replacement	\$0.00	\$30,000.00
Bank Charges		
Bank Charges ~ General	\$866.93	\$898.71
Bank Charges ~ Interest	\$202.06	\$65.04
Bank Charges ~ Merchant Fees	\$998.45	\$1,158.77
Total Bank Charges	\$2,067.44	\$2,122.52
Total OPERATIONAL/ADMIN EXP	\$89,618.32	\$139,800.69
MOTOR VEHICLE EXPENSES		
Kilometre Reimbursement	\$1,603.40	\$2,113.98
Lease/Mortgage Car	\$0.00	\$8,760.18
Lease Car Expenses	\$3,455.66	\$3,015.70
Total MOTOR VEHICLE EXPENSES	\$5,059.06	\$13,889.86
INSURANCE		
Workers Compensation Insurance	\$11,689.07	\$7,897.79
Officers & Directors Insurance	\$0.00	\$4,206.26
General Insurance	\$7,287.78	\$2,941.16
Motor Vehicle Insurance	\$666.14	\$997.14
Professional Indemnity Insurance	\$24,980.00	\$40,547.34
Total INSURANCE	\$44,622.99	\$56,589.69

Family Planning Welfare Association of the NT Inc.

Profit & Loss

July 2008 through June 2009

	This Year	Last Year
TRAVEL & T/A		
Travel & Accommodation	\$11,648.60	\$12,294.40
Travel Allowance	\$11,127.40	\$4,991.51
Total TRAVEL & T/A	\$22,776.00	\$17,285.91
OCCUPANCY EXPENSES		
Rent	\$86,893.96	\$87,795.55
Building Repairs & Maintenance	\$70.00	\$145.98
Electricity	\$13,773.00	\$8,763.50
Waste disposal	\$2,251.61	\$2,014.15
Cleaning Office	\$3,300.00	\$5,100.00
Total OCCUPANCY EXPENSES	\$106,288.57	\$103,819.18
Total EXPENSES	\$1,049,698.32	\$1,007,201.82
Net Profit/(Loss)	\$48,146.07	\$10,069.95

**FAMILY PLANNING WELFARE ASSOCIATION OF THE NT INCORPORATED
NOTES TO, AND FORMING PART OF, THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 June 2009**

1. SUMMARY OF ACCOUNTING POLICIES

The accounting policies adopted by the Association are stated in order to assist in a general understanding of the financial statements. These policies have been consistently applied except as otherwise indicated.

Reporting entity

The association is not a reporting entity because in the committee's opinion there are likely to exist users who are able to command the preparation of reports tailored so as to satisfy all of their information needs, and these accounts are therefore "special purpose accounts" that have been prepared solely to meet the requirements of the Constitution and the *Associations Act*.

Accounting policies

The financial report has been prepared under the historical cost conventions and does not take into account changing money values except to the extent that they are reflected in the revaluation of certain assets.

In order for the financial report to present fairly the state of affairs of the Association and the results of the Association for the year, Australian Accounting Standards have been adopted to the extent disclosed in this note.

Government Grants

Government grants are brought to account as income when the Association receives them. Unspent Grants are transferred to an appropriate liability account.

Assets

The current policy is to capitalise and depreciate purchases, on a straight line basis, that cost in excess of \$5,000.

Employee Entitlements

The amounts expected to be paid to employees for their pro rata entitlement to annual leave, sick leave and long service leave are accrued annually at current pay rates.

Taxation

The Association is considered to be exempt from income tax under section 50-B of the Income Tax Assessment Act 1997, GST concession under division 176 A New Tax System (Goods and Services Tax) Act 1999 and FBT exemption under section 123D Fringe Benefits tax Assessment Act 1986.

This report is to be read in conjunction with the attached audit report.

Acknowledgements

FPWNT wishes to gratefully acknowledge its members, as well, thank the following organisations and individuals for their continued support and financial assistance during 2008-2009.

Northern Territory Department of Health and Families
Palmerston City Council
Ansell International
Schering Plough Pharmaceuticals Pty Ltd
Nightcliff Pharmacy Darwin
NT Department of Health & Community Services –Centre for Disease Control – Sexual Health and Blood Born Viruses and Clinic 34
General Practice Network NT
NT Department Education, & Training
Northern Territory AIDS & Hepatitis Council
Microsoft
NT Carers
Bayer Australia Ltd

FPWNT Board of Management

The name of each person who held a position on the board.

Kim Johnstone	President
	Council Member to SH&FPA
Cynthia Prime	Vice-President (resigned October 2008)
Sundra Grace	Secretary
Sophie Cunningham	Treasurer (resigned January 2009)
Ian Tranthem	Board Member
Bubbles Segall	Board Member (resigned February 2009)
Susan Murray	Board Member
Janelle Vaughan	Board Member (resigned March 2009)
Belinda Davis	Board Member

Public Officer

Robyn Wardle CEO

Family Planning Welfare Association of the Northern Territory

Head Office

Unit 2, The Clock Tower
Dick Ward Drive
Coconut Grove 0810
P.O. Box 503
Nightcliff 0814
Phone: 08 89 48 0144
Fax: 08 89 480 626

Regional Clinic

Health Precinct
Palmerston
Phone: 08 89 48 0144

Regional Clinic

Community Health Clinic
NT, Government Building,
First Street,
Katherine 0850
Phone/Fax: 08 89 71 3153

Regional Office

Currently CLOSED
P.O. Box 4996
Alice Springs NT 0870
Phone: 08 89 53 0288

Family Planning Welfare Association of the NT Inc. Annual Report 2008 - 2009 was presented at the AGM held on October 27th 2009 in Darwin on behalf of its members, staff and board.