

## **RESOURCES FOR SALE**

### **BOOK**

#### **Sexual Health Medicine**

This book is designed for medical students, nurses, junior hospital doctors, general practitioners, trainee sexual health physicians, and specialists in allied fields, but other health practitioners will also find it useful. It covers the breadth of sexual healthy medicine, including sexually transmitted infections (STI's) and HIV/ AIDS, comprehensively. It deals with the concept of sexual health, human sexuality, sexual diversity, gay, lesbian and transgender health, sexual assault, and sexual function, It recognises, as all practitioners dealing with sexual health must, the importance of the public health aspects of sexual health medicine, both in resource-rich and resource-poor settings. It sets priorities and outlines international perspectives in STI control.

**Cost: \$95.00**

#### **Sexual Health – An Australian Perspective**

**Cost: \$90**

#### **Womens Waterworks – Curing incontinence**

**Cost: \$10**

#### **Contraception – Healthy Choices**

Choosing a method of contraception isn't simply about preventing pregnancy, it's also about making the best choice for your future, your lifestyle, your health and your peace of mind. *Contraception – Healthy Choices* provides *both men and women* with the information to make that choice.

Forms of contraception covered include: condoms (male and female), the contraceptive pill, progestogen-only injection, implants, diaphragms, cervical caps, intrauterine devices (IUDs), natural family planning, traditional methods, emergency contraception and sterilisation. There is also information on how pregnancy happens, abortion, and how using condoms reduces the incidence of sexually transmitted infections.

Cost: \$20.00

#### **Taking Cervical Smears**

The objective of this booklet is to describe how to take reliable cervical smear. Produced by British Society for Clinical Cytology. Cost: \$10.00

#### **Reproductive & Sexual Health: an Australian clinical practice handbook**

This handbook has been developed by FPA Health Family Planning NSW as a companion handbook to *Contraception: an Australian clinical practice* for use by clinicians in primary care.

The purpose of this document is to facilitate good clinical practice in the delivery of sexual and reproductive health services. It aims to provide concise and currently referenced information for clinicians. The topic areas are not meant to be covered comprehensively, but to provide an overview. The handbook is referenced throughout with current references and useful websites to inform content which can also be used by the reader to explore that topic in more depth if desired. Cost: \$59.95

### **BOOK and/or CD**

#### **Contraception: an Australian clinical practice handbook**

The purpose of this document is to facilitate good clinical practice in the delivery of sexual and reproductive health services. The handbook aims to provide concise and currently referenced information for those working in areas which include contraceptive practice. Each topic area is presented in a systematic and uniform format, which the editors hope will facilitate its use as an easy reference point for those using it.

Cost: \$55.00 handbook or both CD & handbook \$88.00

## **VIDEOS**

### Birth Spacing

Using live film and animation, this video focuses on birth spacing as a means of promoting the health and well-being of mothers and babies.

Featuring Aboriginal women, *Birth Spacing* examines other aspects of women's health business, including

- fertilization
- conception
- menstruation, and
- contraceptive options

Cost: No charge (To be updated and reprinted)

### The Pap Smear

A training video for Health Workers on Pap Smears, with an introduction to vaginal and breast examinations, *The Pap Smear* specifically targets health workers with its clear and straightforward explanation of pap smear technique as demonstrated by Aboriginal Health Worker, Bernadette Parker.

Topics related to pap smears include:

- The client/ Health Worker relationship
- Which cells need to be taken from the cervix
- How to use the cytobrush and spatula
- Hygiene and care of specimens

Cost: No charge (To be updated and reprinted)

### Cry of the Spirit (STI video set of 3)

Written and directed by Larrakia artist, Allyson Mills – currently Aboriginal-writer-in-residence at Brown's Mart community Arts – this three part video set utilises Aboriginal performers exclusively, many of whom have had no prior acting experience.

The first part of the series is designed for a general audience and tells the tale of a 'gammon' Aboriginal community where people are not taking care of their health, physically or spiritually. Some of the universal problems associated with life in the late twentieth century – alcohol abuse, domestic violence, HIV/ AIDS – are juxtaposed against the common-sense approach of traditional Aboriginal culture in a powerful and moving manner.

Parts 2 and 3 of the series, designed for viewing with community health workers, feature Aboriginal STD Educators, Russell Cubillo and Toni Raymond, present a men's and women's business educational segment.

Cost: No charge (To be updated and reprinted)

## **FLIP CHARTS**

### Breast Self Examination

This large-format flip chart, featuring illustrations of Aboriginal women by Ingrid Hoffman, provides clear and concise information about breast self-examination.

Written for women whose first language is not english, this resource provides a useful aid for clinic and teaching staff in remote and rural communities

Cost: No charge (To be updated and reprinted)

### The Pap Test

Another large-format flip chart, featuring illustrations of Aboriginal women by Ingrid Hoffman, The Pap Test provides clear and concise introduction to the pap test procedure for women whose first language is not english.

Like Breast self-examination, The Pap Test is a useful aid for clinic and teaching staff in remote and rural communities.

Cost: No charge (To be updated and reprinted)

## **OTHER**

### Contraceptive Board

Cost: \$55.00

### Contraception Kit (Samples) #1

Specially developed by Family Planning, our Contraception Kit features samples of a wide range of contraceptive devices. This valuable resource has been praised by teachers and clinic staff as a comprehensive and convenient method of demonstrating the variety of contraception options available today.

Cost: \$170.00

Contraception Kit (Samples) #2

Contains all of Kit #1 plus the 2008 CONTRACEPTION: An Australian Clinical Practice Handbook 2<sup>nd</sup> Ed.

Cost: \$225

Menstrual Education kits

Features a wide range of samples on sanitary pads and tampons available to women.

Cost: \$22.00

Banana penis \$11.50

Speculum light \$140.00