

**Certificate in Sexual & Reproductive Health Course (Nursing) Format:**

Part One: Theory

Part Two: Clinical

**Part One:**

**THEORY COURSE (8 days)**

**COURSE OVERVIEW AND STRUCTURE**

This course will involve eight days of :

- Lectures and expert guest speakers
- Discussions and small group workshops
- Adult learning activities

**Part One** is a prerequisite for the *Certificate in Sexual & Reproductive Health (Nursing) Part Two*.

**Part One** will give participants the opportunity to explore their attitudes and values. It will allow nurses to begin to develop skills through case studies and role play. Guest speakers will provide essential knowledge and evidence based best practice information for subsequent development of clinical skill for those nurses who wish to work in sexual & reproductive health fields.

**PART ONE ASSESSMENT**

- Attendance at 8 day course
- Written assignment (to be completed within 2 months of theory course).

**CONTENT OVERVIEW**

This includes readings & classroom activities:

- Sexuality- concept analysis
- Contraceptive options
- Pregnancy issues including termination of pregnancy and unplanned pregnancy
- Ethical & medico-legal issues
- Values clarification
- Counselling and communication skills
- Menopause
- Breast health
- Menstrual problems
- Continence issues
- Common gynaecological problems
- Fertility, sub-fertility & infertility
- Post-partum contraception and sexuality
- Sexual & reproductive health issues in all population groups i.e. men, adolescents
- Sexually Transmitted Infections
- Reproductive & sexual health screening
- Working with diverse client groups
- Adolescent development & sexuality
- Revision of relevant A & P

**COURSE ENTITLEMENTS**

• On successful completion of all the NT *Part One Theory Course* requirements participants will be issued with a Certificate from the Family Planning Welfare Association of the Northern Territory.

• On successful completion of all the NT *Part Two Clinical Training* requirements participants will be issued with a Certificate in Sexual and Reproductive Health Nursing that is recognised nationally.

**COURSE ENTRY REQUIREMENTS**

- Registered Nurse with a minimum of two years practical nursing experience
- Current NT Nurses Registration
- Enrolled nurses and Registered Aboriginal Health Workers may apply if vacancies exist; A Certificate of Attendance only will be issued.
- Have a willingness to address sexual and reproductive health issues and work with clients in a non-judgemental manner which offers choice and respect for clients values and lifestyle, without religious, cultural or personal bias.

***Please note:***

- It is *essential* that participants attend all sessions for the full eight days of the theory course unless by negotiation.

**SHORTER THEORY COURSE ( 5 days)**

**Applicants who have completed the WELL WOMEN'S HEALTH SCREENING CERTIFICATE COURSE will be eligible to attend only the last 5 days of this course.**

***Closing dates for Registration***

3<sup>rd</sup> October 2011

**FEE FOR THEORY COURSE:**

**8 Day course**                    **\$1,100**  
**5 Day course**                    **\$ 700**

**Fees includes text:**

- Contraception: An Australian Clinical Practice Handbook 2008 2<sup>nd</sup> ed (SH&FPA)
- Reproductive & Sexual Health: An Australian Clinical Practice Handbook updated 2011 (SH&FPA)

*Recommended Reading:*

*Sexual Health An Australian Perspective*  
2005                    *Temple-Smith, M. Gifford, S.*

**Payment of course fees will be due after notification that you have been accepted. Courses must be paid in full prior to course commencement.**

**VENUE:** Family Planning Training Room  
Unit 14, The Clock Tower,  
Dick Ward Drive, Coconut Grove  
DARWIN NT

**Cancellation Policy**

Course fees are not refundable if your application is withdrawn less than 3 weeks (21 days) prior to course commencement.

**APPLICATIONS**

**Course places are limited. To secure your place please complete and forward a Course Application form.**

**This can be downloaded from our website:**

[www.fpwnt.com.au](http://www.fpwnt.com.au)

**Or contact the Administration Officer**

**Part Two:**

**CLINICAL TRAINING**

- Clinical training provides a supportive, supervised, learning environment where participants develop competency in sexual and reproductive health by putting theory and skills into practise.
- A limited number of clinical training positions will be available for interested participants upon successful completion of Part One Theory Course.
- Clinical training requires approximately 50 hours and needs to be completed within *one year* of successfully completing *Part One: Theory Course*.
- Note: If Well Women's Screening Course has been fully completed then less hours of training will be required.

**FEE FOR CLINICAL TRAINING:**

**\$700 - 900**                    (includes cost for Certificate)

**For all enquiries**

**FPWNT**

**PO Box 503, Nightcliff NT 0814**

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**Family Planning**  
Welfare Association of NT Inc.  
ABN 38 812 238 738

**Certificate in  
Sexual and  
Reproductive  
Health for Nurses  
*Darwin***

*Recognised by Sexual Health and  
Family Planning Australia (SH&FPA)*

**17<sup>th</sup> – 26<sup>th</sup> October 2011  
(8 day course)**

**20<sup>th</sup> – 26<sup>th</sup> October 2011  
(5 day course)**

*The Family Planning Welfare Association of the Northern Territory Inc. exists to provide quality health care and education services in sexual and reproductive health.*