

FPWNT Newsletter March 2025

Course Overview

Family Planning Welfare Association NT Inc (FPWNT) delivered a one-week intensive training from March 24–28, 2025 on HLTASXH002 – Promote Women’s Sexual Health. This unit focused on empowering 12 professionals from Nhulunbuy, Katherine, Groote Eylandt and Darwin.

Guest Speakers & Interactive Learning

During the training held in Darwin, learners explored a wide range of topics delivered by professionals from respected health organisations.

Sessions were delivered by leading organisations, each contributing specialised expertise. **DAWN House** led training on domestic and family violence. **Flinders University** and **Pandanus Medical Centre** facilitated sessions on contraception and pregnancy options, while the **Centre for Disease Control (CDC)** covered sexual health topics including STIs, BBVs, and gynecology. Health promotion and cultural assessment were supported by CDC and the **The Institute for First Nations Birth Rights**. **BreastScreen NT** and **Territory Sports Medicine** addressed breast and pelvic floor health. **FPWNT** integrated cervical screening and clinical simulation into Cervical Screening theory. **Sexual Assault Referral Centre** provided insights on sexual violence and Preliminary Forensic Kits (PFK). Clinical training was hosted at Coconut Grove and Palmerston clinics, offering a well-rounded blend of theory and practical experience.

What Learners Loved

CST – Frequently praised for its practical, hands-on nature.

Health Promotion Sessions – Valued for being informative and clearly structured.

Birthing on Country – Highlighted as a culturally rich and meaningful topic.

Clinical Training – Appreciated for its relevance and real-world application.

Engaging Presenters – Learners consistently described facilitators as enthusiastic and knowledgeable.

Interactive Elements – Group work, discussions, and simulations were well received.

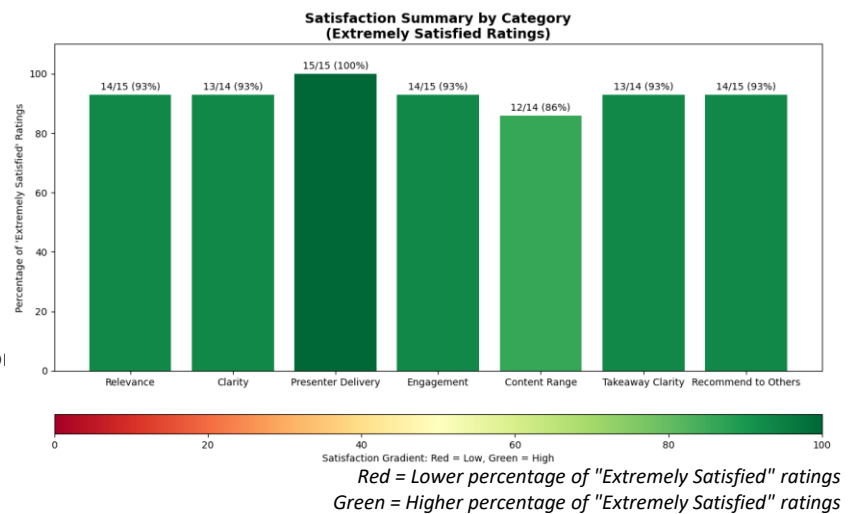
Practical Learning – Learners enjoyed applying theory in clinical and simulated settings.

“It was great to see such enthusiasm and knowledge being shared!” Learner Quote.



Survey Highlights

Feedback from all 12 Learners was overwhelmingly positive, across 7 key areas of training and delivery.



Overall Feedback Highlights

Highly Relevant & Clear: Content was well-structured and directly applicable to learners' roles.

Excellent Presenters: Engaging, knowledgeable, and supportive delivery.

Strong Engagement: Sessions were interactive and kept learners involved.

Valuable Content Range: Comprehensive topics, though some sessions felt a bit rushed.

Top Sessions: Health Promotion, Birthing on Country, and CST practical were favorites.



“This course is one of the best I have done, I wish I had done it earlier.”
Learner Quote.

Suggestions:

More course dates in Nhulunbuy and other regional areas.

Thank you to all guest speakers and learner for making this course a success through your valuable contributions and collaboration.

Looking Ahead

We are excited to continue building professional’s capacity in women’s health. Our next courses for 2025 are as below.

Delivery Location	Dates
Darwin.	28 July – 1 August.
Alice Springs.	6 – 10 October.
Darwin	17 – 21 November.