

FPWNT Newsletter July 2025

Course Overview

Family Planning Welfare Association NT Inc (FPWNT) delivered a one-week intensive training on HLTASXH002 – Promote Women’s Sexual Health. This unit focused on empowering 11 professionals from urban and remote communities of Northern Territory, with the knowledge and skills to support women’s sexual health in a respectful, culturally sensitive, and empowering way.

Guest Speakers & Interactive Learning

The July 2025 course brought together a dynamic mix of guest speakers from leading health organisations, enriching the learning experience with diverse perspectives and specialised expertise.

The Centre for Disease Control (CDC) led sessions on sexually transmitted infections (STIs), blood-borne viruses (BBVs), and health promotion strategies, while **BreastScreen NT** delivered an insightful presentation on breast health awareness and screening practices.

Territory Sports Medicine provided hands-on training in pelvic floor health, offering practical techniques and clinical insights. A full-day Implanon and gynecology training was facilitated by **Flinders University & Pandanus Medical Centre**, equipping learner with essential procedural knowledge.

The **Sexual Assault Referral Centre (SARC)** addressed sensitive topics around sexual violence and introduced the use of Preliminary Forensic Kits (PFK), fostering trauma-informed approaches to care. Meanwhile, **DAWN House** led a powerful session on domestic and family violence, encouraging reflection and advocacy in clinical practice.

These sessions were complemented by interactive group discussions, role plays, and case studies, allowing learner to apply their learning in meaningful ways.

What Learners Loved

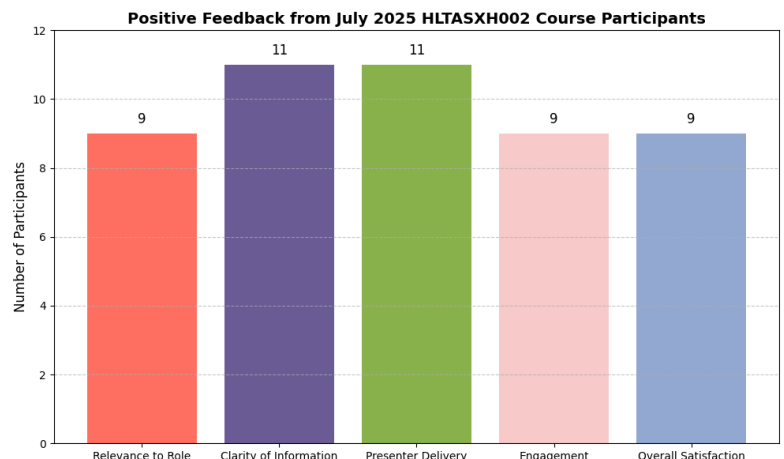
- Hands-on clinical assessments.
- Pelvic floor training.
- CST practical sessions.
- Supportive and knowledgeable

“CST practical, meeting other students from different backgrounds and learning from each other” Learner Quote.



Survey Highlights

Feedback from all 11 Learners was overwhelmingly positive, across 5 key areas of delivery.

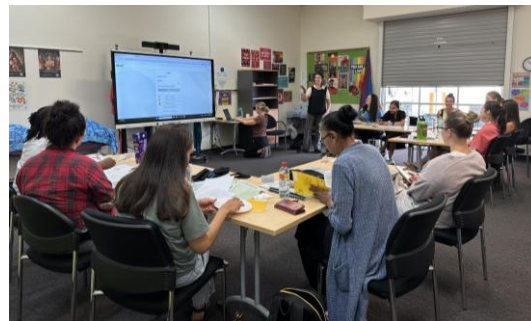


This chart highlights the strong performance across all key areas—especially clarity and presenter delivery, which received perfect scores from all learners.

“The new skills I have learnt, the knowledge I have developed, and new insight on how to actually make a difference!” Learner Quote.

Outcome

- Broadened their understanding of women’s sexual health.
- Fostering greater cultural sensitivity and confidence in clinical practice.
- Exposure to diverse facilitators and the opportunity to build connections with peers.



“Hands on clinical assessments, pelvic floor, all the presenters was fabulous” Learner Quote.

Learners left with enhanced confidence and practical tools to promote sexual health in diverse settings. Many learners expressed interest in further training and community outreach initiatives.

Thank you to all guest speakers and learner for making this course a success through your valuable contributions and collaboration.

Looking Ahead

We are excited to continue building professional’s capacity in women’s health. Our next courses for 2025 are as below.

Delivery Location	Dates
Alice Springs	6 – 10 October
Darwin	17 – 21 November