

Advantages

- Highly effective (>99%)
- Last for 5 or 10 years (2 different types)
- Can be removed easily at any time
- Doesn't contain hormones
- Cost effective over the course of its lifetime
- Can be used while breastfeeding

Disadvantages

- The procedure to insert it can be uncomfortable
- The insertion carries a small risk of perforation (damage to the walls of the uterus) or infection
- Some IUDs can come out by themselves (rare)
- Periods may change and may become heavier

Everyone is different - if you're thinking about this method, please chat to a doctor or one of us at family planning about whether its suitable for you

Our mission statement

Family Planning Welfare Association of NT will advocate for and provide enhanced reproductive and sexual health and wellbeing to all Territorians. This will be achieved through the provision of best practice clinical care and contemporary education and information services



Get in touch with us!

www.fpwnt.com.au

Darwin Clinic - Unit 2, The Clock Tower,
Dick Ward Drive Coconut Grove

Palmerston Clinic - Palmerston Health Precinct Complex,
3 Gurd Street Farrar NT 0830

08 8948 0144

Family Planning
Welfare Association of NT Inc.

Copper Intra Uterine Devices

(Copper IUD)



Long acting non-hormonal reversible contraception lasting 5-10 years depending on type

99.5% effective

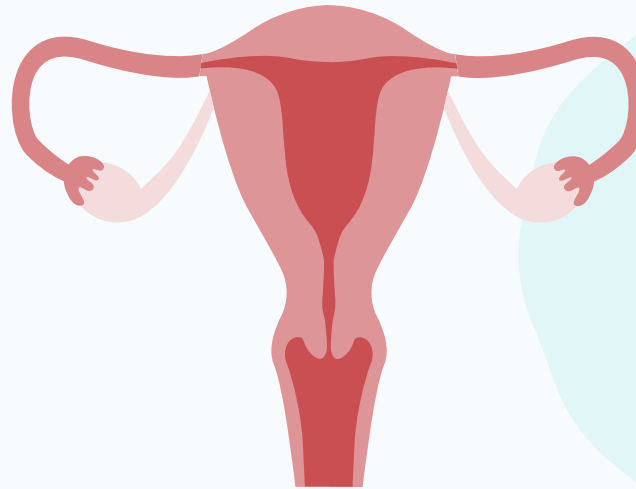
Can also be used as emergency contraception

How does it work?

An IUD is a small device designed to be inserted through the cervix and sit inside the uterus.

The copper IUD is toxic to the egg and sperm which stops fertilisation. It also slows the transport of the egg and changes the lining of the uterus to make it unable to support a fertilised egg.

It can also be used as an emergency contraceptive if it is inserted within 5 days of unprotected sex.



The insertion process

- Insertion requires 2 visits. One for a 'workup' and the second for insertion
- The IUD is inserted via a thin tube through the cervix.
- We offer a script for a Pentrox 'green whistle' for pain relief.
- On the morning of insertion remember to have some pain relief and breakfast

How much does it cost?

These prices are approximate only. Please confirm with reception.

Device - approximately \$80 regardless of whether you have Medicare

Insertion \$150 (\$480 without Medicare)

After your insertion

- You can check the IUD strings yourself to see if it's in the right place. If you can't feel them, ask a GP or make an appointment at Family Planning.
- Call Family Planning or see a GP if you have strange or smelly vaginal discharge, bad abdominal pain, pain during sex or a missed period.