

Advantages

- Highly effective
- "set and forget" for 3 years
- Simple to remove
- Inexpensive
- Can be used by people who cannot take the pill

Disadvantages

- Doesn't protect against STIs
- Requires a procedure with local anaesthetic
- Can cause some bruising and a small scar
- Unpredictable period changes
- May have hormonal side effects including:
 - mood changes
 - acne
 - weight gain

Everyone is different - if you're thinking about this method, please chat to a doctor or nurse at family planning about whether its suitable for you

Our mission statement

Family Planning Welfare Association of NT will advocate for and provide enhanced reproductive and sexual health and wellbeing to all Territorians. This will be achieved through the provision of best practice clinical care and contemporary education and information services



Get in touch with us!

www.fpwnt.com.au

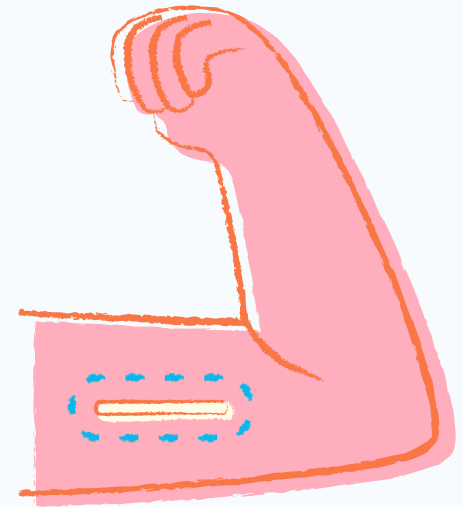
Darwin Clinic - Unit 2, The Clock Tower,
Dick Ward Drive Coconut Grove

Palmerston Clinic - Palmerston Health Precinct Complex,
3 Gurd Street Farrar NT 0830

08 8948 0144

Family Planning
Welfare Association of NT Inc.

The contraceptive implant (Implanon)



Long acting reversible contraception
lasting 3 years


99.95% effective

How does it work?


The Implanon is a small flexible rod that contains the hormone progesterone.

Progesterone is slowly released into the bloodstream.

This stops ovaries from releasing an egg. It also thickens the mucus in the cervix so that sperm cannot enter the uterus easily



**The implanon is
99.95% effective at
preventing pregnancy**



How much does it cost?

These prices are approximate. Please check with our reception staff for confirmation of up to date pricing.

Medicare card = about \$75 out of pocket
(includes the cost of the device)

Health care card = about \$8 out of pocket

No medicare = about \$300

Insertion process

While you are waiting for your insertion appointment you need to make sure you don't become pregnant.

We recommend no unprotected sex (use condoms) for 3 weeks before insertion and 1 week after insertion.

This is because a very early pregnancy (<3 weeks) won't show on a urine pregnancy test, and because the implanon takes 1 week to work after insertion.

During the insertion, the nurse or doctor will clean the area thoroughly and make it numb using an injection of local anaesthetic



Afterwards you will have a waterproof dressing that is left on for 2 days with a bandage on top to minimise bruising.

Impact on bleeding

Clinical trials show that

- 20% of people with implanon will not get a period
- 60% of people with implanon will get spotting
- 20% of people with implanon will get prolonged or frequent spotting or heavier unpredictable bleeding

Removal process

Removal of the implanon is very simple.

A doctor or nurse will inject local anaesthetic to numb the area, and make a small ~3mm cut to remove the device.

Have a discussion around alternative contraception if you are not planning a pregnancy.

