

IUD Insertion Training for Doctors

Family Planning NT run IUD training in partnership with Family Planning NSW

To complete IUD training please follow the process as below:

1. Visit this link to register: <https://fpnsw.wufoo.eu/forms/wn7sn570dhd927/>. FPNSW will notify applicants who have been accepted for training – places are limited.
2. **Module 1** provides information on IUD types, pre-insertion assessment of patients and management of IUD related problems. Learning activities and videos are accessed online prior to attending a practical workshop in Darwin. The workshop comprises small group discussions with case studies and IUD insertion skills training utilising pelvic models. The goal is to develop competence and skill in IUD insertion techniques on models prior to clinical placement.
3. **Module 2** is individual clinical sessions where you will insert IUDs in patients under direct supervision of an experienced clinician. Training is competence-based, recognises the trainee's established skills and concentrates on areas that require further development. Familiarisation with the common types of IUD devices available in Australia is included in this training.

Full cost: \$1340 (payable to FPNSW). Applications will not be confirmed until full payment has been received.

Practical workshop / Clinical Training: Dates and times will be arranged in consultation with the applicant and is subject to clinic availability. IUD clinics are run at both Coconut Grove and Palmerston locations.

Training Coordinator: Dr Paul Rivalland (FPWNT)

Learning outcomes

- This is a training programme that will equip the learner with the evidence based knowledge, attitude and skills required to consult with a woman requesting contraception, and to appropriately provide intrauterine methods and manage complications and side effects.
- Explain intrauterine contraception (IUC) as a long-acting reversible contraceptive method and the role of the levonorgestrel (LNG)-IUD in the management of appropriately investigated heavy menstrual bleeding.
- Describe the types of IUD available in Australia; their mode of action, advantages and disadvantages and contraindications to IUD use.
- Assess patient suitability for IUD insertion; list relevant investigations and advise on appropriate location and timing for insertion.
- Describe the steps involved in IUD insertion in the outpatient setting and the technique required for the different devices available.
- Outline the management of commonly encountered IUD related issues eg. pelvic pain, missing strings
- Demonstrate basic skills in IUD removal techniques

After completion of Module 2 - Supervised Clinical Attachment, participants will also be able to:

- Utilise a systematic approach to intrauterine contraception- pre-insertion checklist, obtaining informed consent for IUD insertion, appropriate documentation of the procedure in patient records.
- Demonstrate competence in insertion of IUDs in conscious women.
- Demonstrate effective infection control during the IUD insertion procedure.
- Describe the management of medical emergencies and complications that may arise during and after IUD insertion e.g. v reaction, perforation.

